

EMPowerplus™ Advanced is a unique and safe combination of 36 nutrients designed to provide nutritional support for the central nervous system.*

Suggested use: Actual dosage may vary, but we recommend starting with 2 capsules twice daily. Contact Truehope at 1.888.878.3467 to receive a dosage specific to your needs.

Note: Consult a physician familiar with EMPowerplus prior to use if you are taking psychotropic medication. Pregnant or lactating women and people with serious medical conditions should consult with a physician prior to use.

Phenylketonurics: contains phenylalanine.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

TH 2614-120 REV 02
Reorder online or toll-free:
truehope.com
1-888-TRUEHOPE (878-3467)
Made in U.S.A.

Manufactured for:
Truehope
Box 1565
Fallon, NV
89407



TRUEHOPE
LEADERS IN BRAIN HEALTH

EMPowerplus™ ADVANCED

Daily blend of 36
essential vitamins,
minerals and
nutrients

120
CAPSULES

gluten free
gmo free
dietary supplement

Supplement Facts

Serving Size 2 capsules
Servings Per Container 60

Amount Per Serving	%DV
Vitamin A (as retinyl palmitate)	230 mcg 26%
Vitamin C (as ascorbic acid)	80 mg 89%
Vitamin D (as cholecalciferol)	4,8 mcg (192 IU) 24%
Vitamin E (as d-alpha tocopheryl succinate)	32 mg 213%
Thiamin (as thiamin mononitrate)	2,4 mg 200%
Riboflavin	1,8 mg 138%
Niacin (as niacinamide)	12 mg 75%
Vitamin B6 (as pyridoxine hydrochloride)	4,8 mg 282%
Folate (as folic acid) 326 mcg DFE (192 mcg folic acid)	82%
Vitamin B12 (as cyanocobalamin)	120 mcg 5000%
Biotin	144 mcg 480%
Pantothenic acid (as d-calcium pantothenate)	2,8 mg 56%
Choline (as choline bitartrate)	72 mg 13%
Calcium (as chelate)	176 mg 14%
Iron (as chelate)	1,8 mg 10%
Phosphorus (as chelate)	112 mg 9%
Iodine (from atlantic kelp)	28 mcg 19%
Magnesium (as chelate)	80 mg 19%
Zinc (as chelate)	6,4 mg 58%
Selenium (as chelate)	26 mcg 47%
Copper (as chelate)	0,96 mg 107%
Manganese (as chelate)	1,28 mg 56%
Chromium (as chelate)	84 mcg 240%
Molybdenum (as chelate)	20 mcg 44%
Potassium (as chelate)	32 mg 1%
Proprietary blend	182 mg †

† Daily Value (DV) not established.

Other ingredients: gelatin (with titanium dioxide), magnesium stearate, glycine, microcrystalline cellulose, citric acid, silicon dioxide, mineral wax.